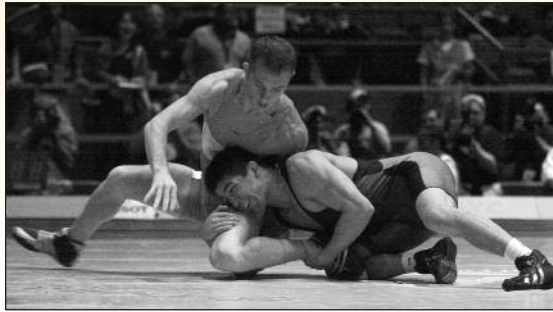


# JOURNEYMEN/ASICS NY STATE FALL CLINIC



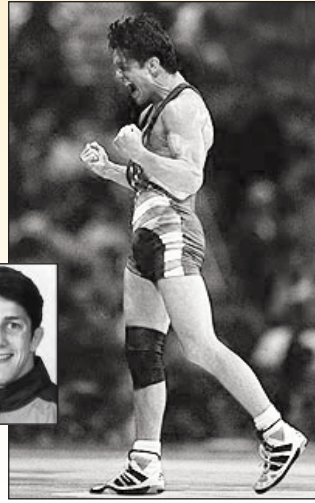
**MICHELE LIUZZI**

- Two-time Olympian, Italy
- 12-time World Team Member, Italy
- Second at the European Championship: 58.0 kg. Freestyle



**KENDALL CROSS**

- 1996 Olympic Champion
- NCAA Champion and three-time NCAA All-American at Oklahoma State University

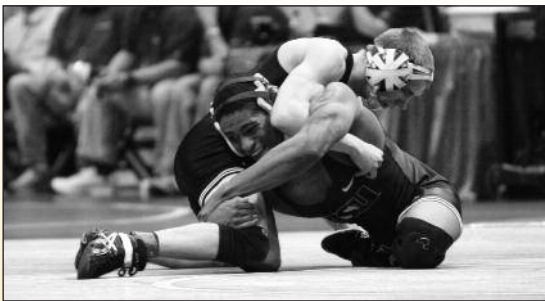


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PERMIT #203



**ANTHONY ROBLES**

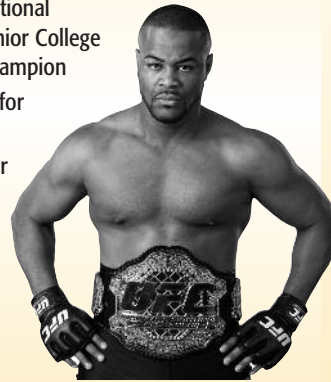
- 2010-11 NCAA individual wrestling champion in the 125-pound weight class despite being born with only one leg
- Concluded his Arizona State wrestling career with a record of 122-23, a three-time Pac-10 wrestling champion as well as a three-time All-American
- Ranks 8th for most match wins by an Arizona State wrestler



**RASHAD EVANS**

- Former UFC light heavyweight Champion
- Currently ranked 3rd in the World
- 16-1-1 MMA Record
- Two-time NY State place finisher out of Niagara Wheatfield HS
- National Junior College Champion

- Two-time NCAA qualifier for Michigan State
- Former assistant coach for Michigan State wrestling



“Journeyman Wrestling is top-notch, organized, energized, and fun to be a part of...their clinics are superb.”

~ Tom Brands, University of Iowa Head Coach

**JOURNEYMEN WRESTLING**  
2220 Balltown Road  
Niskayuna, NY 12309



**November 11 & 12, 2011**

Featuring

**KENDALL CROSS**  
Olympian & Gold Medalist



**ANTHONY ROBLES**  
Wrestling Inspiration

**RASHAD EVANS** **UFC**  
Former UFC Light Heavyweight Champion

**MICHELE LIUZZI**  
Two-time Olympian, Italy

**Shenendehowa "East" High School**  
Rte. 146, Clifton Park, NY

Journeyman Wrestling presents another stellar year of wrestling with its 13th annual NY Fall Clinic. The theme this year is excellence "overdose." Olympic champion **Kendall Cross** and two-time Italian Olympian **Michele Liuzzi** lead this year's group of star-studded clinicians. Adding to the act are inspiration and NCAA champion **Anthony Robles** and former UFC champion **Rashad Evans**.

Sponsored in part by



[www.journeymanwrestling.com](http://www.journeymanwrestling.com)

\*Clinicians are scheduled as a "group" for the Journeyman/Asics Fall Clinic. Due to scheduling complexities, appearances by clinicians are subject to change. No refunds will be given if a single clinician is unable to attend the clinic.\*

## APPLICATION

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone Number \_\_\_\_\_ Grade \_\_\_\_\_  
 School \_\_\_\_\_  
 E-mail Address \_\_\_\_\_  
 Coach's Name \_\_\_\_\_  
 Number of Participants \_\_\_\_\_ Shirt Size \_\_\_\_\_

Please check all that apply

- Coaches' Clinic at Shenendehowa HS**  
 \$100 – Fri., November 11 (Clifton Park, NY)
- Student-Athlete High School Clinic**  
 \$45 – Sat., November 12 (Clifton Park, NY)
- Youth Clinic**  
 \$50 – Sat., November 12 (Clifton Park, NY)

High School Clinic \$45 if pre-paid; \$55 at the door. Youth Clinic \$50 if pre-paid; \$60 at the door. Cash discounts available. If coach brings more than 8 wrestlers, then coach's entry fee is waived.

### Cash incentive available

**Coaches' Clinic/Student-Athlete Clinic \$100/coach or adult.**  
 Open to first 60 coaches/adults.

### TOTAL AMOUNT ENCLOSED

Emergency Contact \_\_\_\_\_  
 Emergency Phone \_\_\_\_\_

### Parental hold harmless statement

I agree not to hold Journeymen Athletics, LLC, Northwestern Mutual Financial Network, Asics, Polar Beverages, Shenendehowa Central School, or anyone associated with the New York State Wrestling Clinic responsible or liable for any accident, medical, dental, or any other expense incurred as a result of my child's participation at the clinic. In case of injury, you have my permission to administer first aid or take him/her to a doctor or hospital to be treated.

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_

Please include your **Money Order** made out to Journeymen Wrestling (cash will be accepted) – no checks accepted – sorry, no refunds. Only receipt of official entry form and payment will reserve your space. Space is limited to 350 high school and 35 youth wrestlers. Two gyms and wrestling room will be going at once.

**Mail to:** Journeymen Athletics, LLC  
 2220 Balltown Road • Niskayuna, NY 12309  
 Phone: (518) 377-5309  
 E-mail: frank@journeymenwrestling.com



Over the previous 13 years, Journeymen Wrestling has played a vital role in showcasing collegiate and international wrestling to New York State and beyond. This tradition of excellence continues this year on November 11 and 12, 2011, as Journeymen Wrestling is extremely proud to present and promote **Michele Liuzzi, Kendall Cross, Anthony Robles and Rashad Evans**.

Journeymen Wrestling works tirelessly to have the NY State wrestling community exposed to greatness. Michele Liuzzi, Kendall Cross, Anthony Robles and Rashad Evans are all excellent examples of that. More importantly, with wrestling right around the corner, there's no better tune-up than our fall clinic. Wrestlers and coaches alike have an unprecedented opportunity to witness excellence first-hand. This clinic will act as an educational tool, as well as an inspiration to the upcoming wrestling season.



Anthony Robles



Rashad Evans

[www.journeymenwrestling.com](http://www.journeymenwrestling.com)

## SCHEDULE OF EVENTS

### Friday, November 11

Shenendehowa High School "East," Clifton Park, NY  
 Register for Coaches' Clinic 6-6:30 PM  
 Coaches' Clinic 6:30-9 PM

### Saturday, November 12

Shenendehowa High School "East," Clifton Park, NY  
 Student-Athlete Registration 9:15 AM  
 Clinic (Session #1) 10:15 AM-12:30 PM  
 Lunch 12:30-1 PM  
 Clinic (Session #2) 1-3:30 PM 40-minute scrimmage  
 Photos 3:30-4 PM

### Reminders

- \*TEAM DISCOUNTS AVAILABLE
- 1) Video cameras are allowed
- 2) No one is allowed into the event without a ticket
- 3) Food and drinks are sold during the lunch break
- 4) Clinic T-shirts available at the clinics
- 5) Bring workout gear

**Accommodations** – Hotel rooms available at the Holiday Inn Express, 18 Clifton Park Village Road, Clifton Park • (518) 579-3000  
[www.hiecliftonpark.com](http://www.hiecliftonpark.com) ask for Ann Cloutier

### Costs

**Student-Athlete Clinics:** \$45 (pre-paid); \$55 at the door  
**Youth Clinics:** \$50 (pre-paid); \$60 at the door

**\* TEAM AND CASH DISCOUNTS AVAILABLE \***

**Coaches' Clinic/Student-Athlete Clinic:**  
 \$100 (offered at the November 12 clinic)  
 Coaches' entry fee will be waived if they bring more than 8 wrestlers.  
 Remember to ask your booster club for support – It's a worthy cause!

Money orders must be made out to Journeymen Wrestling (or cash will be accepted)

**THIS IS A PRE-PAID EVENT**  
**No Checks Accepted – No Refunds**  
**Only receipt of official entry fee and form**  
**will reserve your space. Space is limited to 350**  
**high school and 40 youth wrestlers!**

“**J**ourneymen Athletics does a tremendous amount for wrestling in New York State, especially by bringing in top wrestlers year after year.”

~ Pat Smith, Oklahoma State,  
 First four-time NCAA Champion

## NY STATE'S PREMIER WRESTLING COACHES' CLINIC

Now entering its 11th year, Journeymen Wrestling's coaches' clinic is unparalleled in its ability to mix cutting-edge techniques, motivation and practicality, all while keeping the high school coach in mind.

### Clinicians and Speakers on Nov. 12 at 6:30 PM:



#### MICHELE LIUZZI

- Two-time Olympian, Italy
- 12-time World Team Member, Italy
- Second at the European Championship: 58.0 kg. Freestyle



#### KENDALL CROSS

- 1996 Olympic Champion
- NCAA Champion and three-time NCAA All-American at Oklahoma State University

## JOURNEYMEN'S ADVANCED YOUTH CLINIC

Saturday, November 12  
 Expand your skills with clinicians Michele Liuzzi, Anthony Robles and Kendall Cross. Open to youth grade 7 and younger. Limited to 40 youth. \$50 pre-paid; \$60 at the door. Coaches' entry fee will be waived if they bring more than 8 wrestlers.



## DON'T FORGET TO JOIN US FOR

**JOURNEYMEN/ASICS NORTHEAST DUALS**  
 Toughest Wrestling East of the Mississippi



**Saturday, November 26, 2011**  
 Hudson Valley Community College • Troy, NY

featuring *Purdue, Lehigh, Central Michigan, Arizona State, American, Rutgers, North Carolina Chapel Hill, Army, Binghamton, Bucknell, Northern Iowa, Eastern Michigan, University of Maryland, Sacred Heart, Penn*

Sponsored in part by



Title sponsor and official equipment supplier of Journeymen Wrestling



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